

My big fat mouth

“Complaining”

September 8, 2019

Proverbs 18:21

'The tongue has the power of life and death, and those who love it will eat its fruit. '

What do you complain about the most?

Phil 2:14-15

¹⁴ Do everything without grumbling (complaining) or arguing, ¹⁵ so that you may become blameless and pure, “children of God without fault in a warped and crooked generation...”

Dr. Travis Bradberry

“Repeated complaining rewires your brain to make future complaining more likely. Over time, you find it’s easier to be negative than to be positive, regardless of what’s happening around you. Complaining becomes your default behavior. Which changes how people perceive you.”

Emotional Intelligence 2.0

Complaining culture

Exodus 14:11-12

They said to Moses, “Was it because there were no graves in Egypt that you brought us to the desert to die? What have you done to us by bringing us out of Egypt? ¹² Didn’t we say to you in Egypt, ‘Leave us alone; let us serve the Egyptians’? It would have been better for us to serve the Egyptians than to die in the desert!”

If you don’t have a choice in your situation- you still have a choice in your attitude.

Philippians 2:17-18

'But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and rejoice with all of you. So you too should be glad and rejoice with me. '

Romans 12:1

'Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. '

Philippians 2:14-15

'Do everything without grumbling or arguing, so that you may become blameless and pure, "children of God without fault in a warped and crooked generation." Then you will shine among them like stars in the sky '

Philippians 2:17-19

'But I will rejoice even if I lose my life, pouring it out like a liquid offering to God, just like your faithful service is an offering to God. And I want all of you to share that joy. Yes, you should rejoice, and I will share your joy. If the Lord Jesus is willing, I hope to send Timothy to you soon for a visit. Then he can cheer me up by telling me how you are getting along. '

Philippians 1:12-13

'And I want you to know, my dear brothers and sisters, that everything that has happened to me here has helped to spread the Good News. For everyone here, including the whole palace guard, knows that I am in chains because of Christ. '

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